

<b>7 September 2017</b>		<b>ITEM: 6</b>
<b>Health and Wellbeing Overview and Scrutiny Committee</b>		
<b>Long Term Conditions Profile Card - Update</b>		
<b>Wards and communities affected:</b> All	<b>Key Decision:</b> Key	
<b>Report of:</b> Monica Scrobotovici, Healthcare Public Health Improvement Manager		
<b>Accountable Head of Service:</b> Emma Sanford, Strategic Lead, Health and Social Care Public Health		
<b>Accountable Director:</b> Ian Wake, Director of Public Health		
<b>This report is</b> Public		

### **Executive Summary**

The Long Term Condition (LTC) profile card was created by the Healthcare Public Health Improvement Team to respond to the high levels of variation within primary care across Thurrock in regards to the individual needs, available resources and overall quality of services.

Similar to a dashboard, the LTC profile card is a visual overview of each practice, focusing on the LTC case finding and management while also including some of the potential drivers and secondary care outcomes. However, the delivery of the LTC profile card work does not resume to sharing the profile card with each practice, but it also includes visits and discussions with the practice managers and GP leads, identification of priorities and development of individualised action plans for each clinic.

The report, therefore, provides a brief description of the LTC profile card and a summary of the current implementation steps and outcomes.

#### **1. Recommendation(s)**

- 1.1 That Health and Wellbeing Overview and Scrutiny Committee note the progress that has been made by the Healthcare Public Health Improvement team in delivering the LTC profile card work and comment on this programme of work.**

## 2. Introduction and Background

- 2.1 The sustainability and cost-effectiveness of our healthcare system heavily relies on a balanced use of all the components of the system. Based on the 2016 Annual Report of The Director of Public Health (APHR), a thorough analysis of the current state of our local resources and demand, the Public Health team has recommended a series of local intervention to reduce the increased demand on the most expensive part of the system, the secondary and social care services. The recommendations focus on the need to tackle the high variation of the long-term conditions detection and management in primary care. The LTC profile card is extremely helpful in identifying the main priorities for each practice in order to create a feasible action plan, personal to each practice.
- 2.2 The LTC profile card has been previously presented to and has been very well received by the Primary Care Improvement and Delivery work group.

## 3. Issues, Options and Analysis of Options

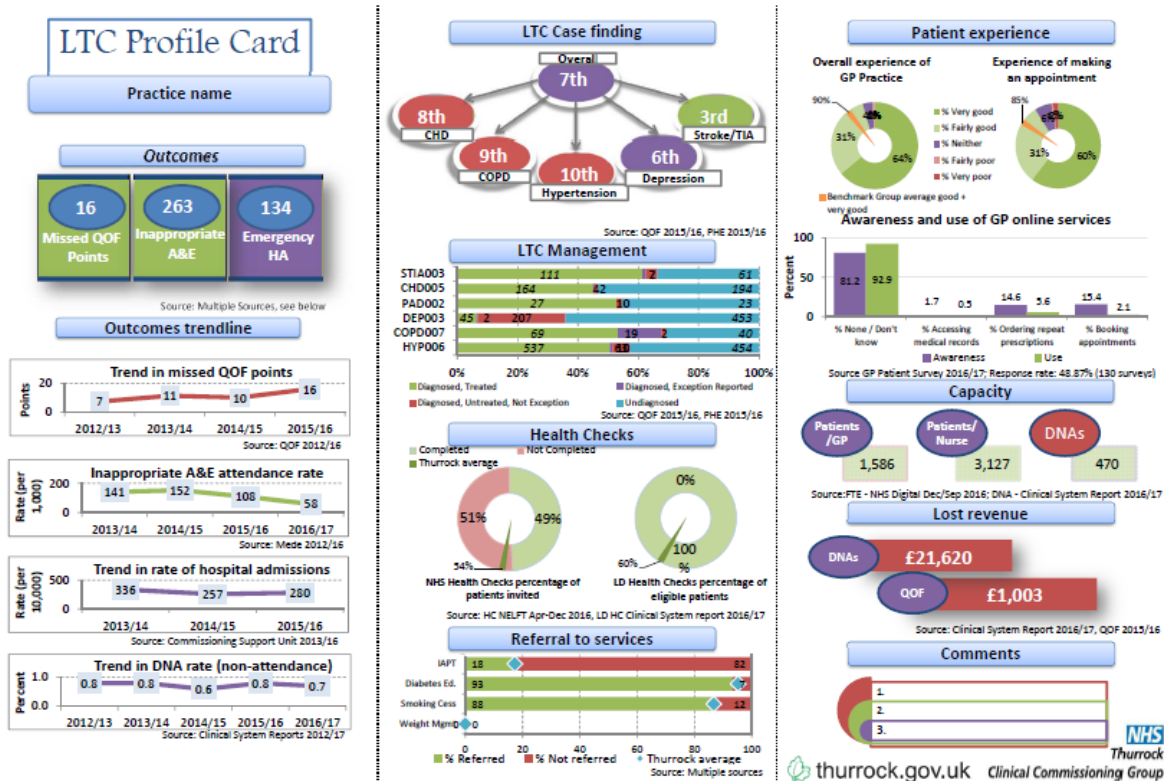
- 3.1 Based on Public Health England estimates, there are thousands of people currently suffering of a long term condition who are not diagnosed or treated yet. It is an absolute priority to find these people and to treat them correspondingly in order to prevent any complications from happening. By finding and managing these patients in primary care we preserve the quality of their lives and prevent them from accessing the secondary or social care services.

Table 1 – LTC detection in Thurrock

Long Term Condition	Recorded Prevalence (i.e. people already diagnosed)	Estimated Prevalence	Additional Number of Undiagnosed Patients based on the estimated prevalence
Stroke (2016)	1.51%	3.70%	3,540
Hypertension (2016)	14.08%	20.95%	10,983
CHD (2016)	2.78%	7.58%	7,521
COPD (2016)	1.8%	2.22%	642
Diabetes (2016)	6.3% (17+)	7.9% (16+)	2,109

- 3.2 Moreover, patients are not always guaranteed the best management of the condition by getting on the disease register. There is a high variation in the management of long term conditions patients receive based on the practice they are registered with. The LTC profile card not only analyses the percentages of undetected and untreated patients, but also looks at the possible reasons why, such as lack of capacity, increased workload or lack of engagement from the practice population.
- 3.3 The LTC profile card brings together a series of high importance information on all the drivers of LTC detection and management in primary care and displays it in a very easy to read format.

Fig 1 – LTC Profile Card



3.4 For a better understanding of the current situation and possible need of support, practices are compared against a personalised benchmark group. The benchmark group consists of 20 practices from across England which matches the population size, deprivation index and age distribution of the practice. By comparing a Thurrock GP practice with 20 practices across England serving populations that are similar to their own, we can identify those indicators which stand out as being particularly high or low and whilst controlling for variations in performance due to factors attributable to underlying characteristics of the registered GP practice population. This provides us with the opportunity to direct our resources towards addressing genuinely poor performance and making the maximum impact on the health of the population of Thurrock. Similarly it allows us to identify surgeries that are performing highly on specific indicators, learn how they are working and share this best practice across the borough.

3.5 By the 14 of August 2017 14 of the 32 practices have received visits from the Healthcare Public Health (HCPH) Improvement Managers to discuss their profile card and to develop an individualised action plan for the following three months. There has been an overall positive response to the visits from GPs and other surgery staff, with 13 action plans being developed in collaboration with the practice manager and sometimes the lead GP. The action plans can only include a maximum of three action steps for the practice in order to make the plan realistic and concentrate on the most important issues first. Most of the time the practice managers are not surprised by the highest priorities

identified during the discussion and welcome the opportunity for assistance from Public Health to address them. In this case, the HCPH Improvement Managers are supporting with best practice ideas, evaluation needs or just an organized platform for their plans.

- 3.6 Considering the positive feedback already received from the practice managers, general practitioners, the Clinical Commissioning Group and Public Health England, we are envisioning the LTC profile card work to become a fundamental part of our core job duties in the future.
- 3.7 The LTC profile card has also been recognised by the Centre Director of Public Health for the East of England, as a regional model of best practice. Furthermore, during a recent visit to Thurrock, the Chief Executive of Public Health England – Duncan Selbie requested that the Long Term Conditions Profile Card and associated work outlined within this report, be presented at the Department of Health’s National Prevention Board, such that our approach in Thurrock may be replicated nationally.
- 3.8 An interactive presentation of the LTC Profile card will be delivered during September 2017 HOSC to allow members to see the functionality of the product in action.

#### **4. Reasons for Recommendation**

- 4.1 The LTC Profile card represents a key programme of work in improving standards in Primary Care across Thurrock; one of the key public health priorities.

#### **5. Consultation (including Overview and Scrutiny, if applicable)**

n/a

#### **6. Impact on corporate policies, priorities, performance and community impact**

- 6.1 The LTC Profile Card and associated Practice based Action Plans supports delivery of the following Objectives in the Joint Thurrock Health and Wellbeing Strategy 2016-2021.
- 6.2 It also will form part of the Tilbury and Chadwell Accountable Care Partnership ‘Case for Change’ Business Case, currently being developed. This will be brought to a future HOSC once developed.

#### **7. Implications**

##### **7.1 Financial**

Implications verified by: **Joanne Freeman**  
**Management Accountant**

There are currently no financial implications with this project.

## 7.2 Legal

Implications verified by: **David M G Lawson**  
**Deputy Head of Law & Governance**

The report's recommendation is for the committee to note progress consequently there are no direct legal implications at this stage but legal Services is available to provide advice on specific matters as any need arises.

## 7.3 Diversity and Equality

Implications verified by: **Rebecca Price**  
**Community Development Officer**

Whilst there are no specific diversity implications arising from the recommendations outlined in this report, the profile card does help to establish possible reasons for undetected and untreated patients with long-term conditions. Means for tackling issues arising from lack of patient engagement will be set out in supporting action plans where appropriate.

## 7.4 Other implications (where significant) – i.e. Staff, Health, Sustainability, Crime and Disorder)

n/a

## 8. Background papers used in preparing the report (including their location on the Council's website or identification whether any are exempt or protected by copyright):

Annual Report of The Director of Public Health. Thurrock Council Public Health Team, Nov 2016

## 9. Appendices to the report

n/a

## Report Author:

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